



Crescent Hill Newsletter

March 2006 - Issue No. 2



A BEVY OF BUNNIES rolls through Crescent Hill in 2005

In Your Lovely Easter Bonnet, You'll be Grand on the Avenue

In Crescent Hill, The Bunny Trail runs right down Frankfort Avenue, and the street comes alive with fuzzy, long-eared nose wrigglers every year about the time spring breezes begin to blow. Be on the lookout for Peter Cottontail and friends this year on Saturday, April 15.

Better yet, strap on some ears, or don that Easter bonnet, and come out and strut your own stuff in the 14th Annual Frankfort Avenue Business Association Easter Parade beginning at 11:30.

You will be in good company this year, as always. The Grand Marshall is His Grooviness Marvin Maxwell, musician and raconteur extraordinaire, partner in Groovy Music, Inc., and retired operator of Mom's Music at the corner of Frankfort and Stiltz. That is not to mention the Easter Bunny himself, and Michaelle Warner, parade founder and honcho, and traditional Grandest Lady.

There will be a procession of antique cars, music by the Waggener High School Marching Band, floats of all kinds, marching martial artists from Hwang's Martial Arts, a mounted sheriff's posse, and - one of the beautiful things about this parade - you don't really know who or what might show up.

It is known, for example that a contingent of fancified cyclists from

the Louisville Bicycle Club plans to attend. They'll be walking their bikes mostly, and taking advantage of the parade's status as a certified kid magnet to spread word on the benefits of helmet use. They'll be passing out stickers that say such things as, "Don't be a dumb bunny - wear a helmet."

And the parade does bring kids out of the woodwork all along the route, often dragging parents and/or grandparents, because people in the parade have been known to be packing candy. And there's always a chance of a glance at the actual Easter Bunny. All in all, the event has become a good time for families from far beyond Crescent Hill's boundaries - which of course is what FABA had in mind those years ago.

The procession will form up near St. Mark's Episcopal Church, at 2822 Frankfort Ave., and parking will be available for participants in the St. Mark's lot. The old Dietrich's lot, where some have parked in the past, isn't available this year because of construction.

Participants are asked to show up at a sign-in booth at St. Mark's by 11 a.m., so the parade can roll at 11:30 sharp.

The route ends at Haldeman Avenue in Clifton. It's not a bad idea to arrive early to stake out prime sidewalk space along the route. There will be competition.

Members of many Crescent Hill organizations will have been busy on their floats long before the parade, but participants from the public are invited to show up and march at the last moment, if such a mood should take them. Michaelle Warner asks that you call her ahead of time if you plan to bring a sizable group. Her phone number is 419-6159.

CRITIQUE YOUR DISCOUNT CARD

Debby Levine wants to know how much you used your discount card last year. The cards are a benefit of membership in the Crescent Hill Community Council, and they offer significant discounts from participating Frankfort Avenue merchants.

Debby's in charge of the card program for the council, and she'd like a little feedback to steer her future efforts. Did you use the card? Did you enjoy its benefits?

Merchants, did it work for you, bringing customers through your door? Contact Debby at deborah.Levine@insightbb.com, and give her the scoop.

YOGA IN RESERVOIR PARK

Justina Manspeaker, a certified teacher of Hatha Yoga from the Washington D.C. area, has moved in on Eastbourne Avenue in Crescent Hill and begun classes.

Hatha is the type of yoga most popular in the West. Instruction for all levels includes poses for flexibility, balance, relaxation, and strength, and some breath work. Classes are an hour and 15 minutes long, and offered on Mondays at 7 p.m. and Saturdays at 10 a.m. A prenatal class will start April 15.

The first class is free. Then drop-in sessions are \$8 each, and five classes are available for \$35 - which is \$7 a class. Call 759-3720, or message eastborn.yoga@yahoo.com.

KAVIAR FORGE SEEKS TALENT

Kaviar Forge & Gallery plans to exhibit a collection of new works by artists in the Clifton and Crescent Hill neighborhoods, to be called, "Artists in Our Midst."

The forge, situated behind the North End Café off Frankfort Avenue near Mellwood Avenue, has issued a call for submissions. They must include:

- * Slides with a slide list, or digital photos on CD or DVD with list (JPEG format preferred).
- * A brief artist's statement.
- * Visual support, videos, colour photocopies, cd's, audio tape as applicable.
- * A brief biography.

Also, tell the gallery why you're interested in showing at the Kaviar Gallery, and how the neighborhood you live/work in influences the work you do. All works submitted will be assessed by a judging panel. Chosen works will be awarded "Best in Show" and will feature in the exhibition at Kaviar Gallery.

Artists working with video or new media art should

send a reel on either DVD or VHS format, with a short bio and a paragraph or two about your work. Submissions must be postmarked by June 1, 2006. Exhibiting artists will be notified as soon as selections are made.

The exhibition will run in July or August of 2006. Send all materials to: Paul T. Carney- Gallery Manager, 120 Waverly Court, Louisville, KY 40206

For more info: pt68@yahoo.com Or 502.419.4263

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HOME INSPECTION SERVICES

Old and New Homes

ALZHEIMER UNIT OPENS AT MASONIC HOME

Sally's Garden, a new addition to the Personal Care facility of the Masonic Home campus, opened officially on January 29th with a proclamation from the Mayor's office read by Bonnie Buchanan from the Metro Office for Aging. Ninth District Councilwoman Tina Ward-Pugh also was on hand.

Sally's Garden is a support facility for individuals with mild to moderate Alzheimer's disease and other related dementias. It has person-centered care that features flexible schedules and a home-like atmosphere. All residents have private rooms with private bathrooms. All are private pay or Long Term Care insurance.

A great room with sun porch opens to an inviting, enclosed, landscaped courtyard. The secured neighborhood offers safety with a state-of-the-art wireless monitoring system.

For more information, please call Kathy Wiederhold, Memory Care Program Coordinator 753-8845.

HELP WITH YOUR CHORES ARRIVES IN CRESCENT HILL

John Hawkins, a returning Crescent Hillian, has moved his 10-year-old company - Cosmopolitan Cleaning and Concierge - to South Bayly Avenue. John and his two crew members will clean your house, detail your car, shuttle you to the airport, shop for your groceries, or pick up and drop off your cleaning. And John plans to add limousine service.

"It's all great service at very reasonable prices," John says. A trip to the airport, for example is \$35 or \$40 roundtrip from Crescent Hill. The auto detail package includes hand washing, drying, vacuuming, carpet cleaning, an interior wiped down, and special attention to wheels and windows - at \$60 for cars, and \$75 for SUVs and Wagons.

The phone number is 891-4545.

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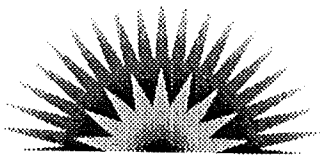
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March 17 -19 - Kentucky Country Day Theatre department performs *The Lion, The Witch & the Wardrobe*, a C. S. Lewis classic tale of youngsters and the exciting adventure they experience. Friday's performance begins at 7:30p.m. and Saturday and Sunday's performances begin at 3 p.m.. Ticket information: KCD School at 423-0440
April 7 and 8 - Voices of Kentuckiana present a Spring Choral Concert. Enjoy this mixed chorus in concert. Performances both nights at 8 p.m. Tickets are available at Carmichael's Bookstores, online at www.voicesky.org or by calling 327-4099

April 21 and 23rd - CulturShoc Dance will perform. There's nothing quite as enjoyable as the energetic exuberance of a new dance troupe - filled with energy to entertain and perform. Friday at 8 p.m. and Sunday at 2 and 7 p.m. Watch our web site for more information on ticket costs

April 28 and 29 - Whitfield Academy will present *Pygmalion*. This student production will be the academy's first experience on the Clifton Center stage.

CALL FOR JURIED ARTISTS FOR HIGHLANDS SHOW

The first ever Highlands Douglass Art Show will be held on Saturday and Sunday, June 3 and 4, 2006. The show will present works screened by the curator of the Louisville Visual Arts Association - from more than 50 local and regional artists. There will be live music, and food will be available.

The event will be held at the Douglass Park/Community Center, 2301 Douglass Blvd., from 9 a.m. - 6 p.m. June 3, and 9 a.m. - 5 p.m. June 4. To receive a booth application, contact Lisa Bird at 454-5800.

Deadline: April 1.



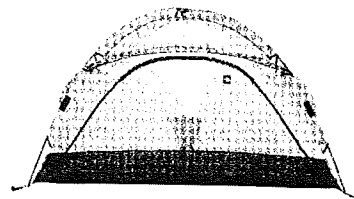
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NEW PROGRAMS ON DECK AT CH UNITED METHODIST

Organizations offering yoga instruction, treatment for autism, and Christian help for spiritual and physical needs are on deck at Crescent Hill United Methodist Church, 201 South Peterson Ave. since the first of the year.

* **Yoga at Crescent Hill** teaches Iyengar yoga, through a program designed to build flexibility and strength, that is aimed at beginners and older adults. Instructors Alex Cleveland and Kathleen Geile are experienced teachers, dedicated to good health and fitness. Both day and evening classes are available, with new sessions starting every few weeks. For more information: Alex Cleveland-468.9170 or clevelandalex@yahoo.com.

* **Turning Point for Autism**, established in 1999 by parents of a child with autism, offers crucial and life-changing therapy. The program works with the Center For Autism and Related Disorders - CARD, with Dr. Doreen Granpeesheh - for design and supervision of each child's therapy program. Turning Point identifies, selects and manages teams of therapists who carry out the work. All therapy takes place in the child's most familiar environment, his or her home. When school shadowing services are needed, the therapists attend school with the client in a preschool setting or grade level setting. Turning Point serves families within a one-hour radius of Louisville. For clients outside the area or clients who prefer center-based therapy, it offers an on-site "therapy room." For more information: Chris Allen, Executive Director-899-9128, Ext 1, or callen@turningpoint1.org.

* **Christian Comprehensive Counseling, Inc.**, or CCCinco, is a Christ-based, 501(c)(3) nonprofit comprehensive referral service. Sisters Charlene Williams and Donna Martin founded CCCinco to address spiritual and physical needs such as housing, work, education, and nutrition for people across Jefferson County. They have assembled a panel of area experts to assist them, assuring that no need will go unmet. There is no fee for their services and all discussions are held in strict confidence. Additionally, CCCinco hosts a monthly ladies' book club. For more information: CCCinco—896-6464, Donna Martin-749-5602 or cccinco4u@yahoo.com.

Also, Crescent Hill United Methodist will be the summer home for Blue Apple Players children's workshops again this year, for the third year. Blue Apple Players is a 30-year-old, nationally acclaimed nonprofit, theater company producing original musicals and educational theater programs for young audiences. The group reaches across social, economic, and geographical boundaries and uses

the power of drama to ignite children's imagination and change lives. For detailed information about the summer's schedule, contact Katherine Mapother at kate7769@aol.com.

Crescent Hill United Methodist Church has been a presence in Crescent Hill since 1890, at the current location since 1927. Check out its programs at CHUMchurch.org on the Internet.



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Adult Programs

Your Fork: A Powerful Tool for your Health and the Environment - Monday, March 20, 7 p.m. Join EarthSave Louisville as they discuss the benefits of a plant-based diet.

Senior Tuesdays: Happy, Healthy Feet-Tuesday, March 21, 2 p.m. Karen Barth, Nationally Certified Massage Therapist, provides tip and exercises for happy, healthy feet.

Grow the greenest lawn ever!-Thursday March 23, 7 p.m. Learn about proper lawn care from Denise Peterson of the Jefferson County Master Gardeners.

Women's Literature of the World War I Period - Wednesday, March 29, 7 p.m. Selena Frye discusses the literature of American and British women during WWI, with an emphasis on the suffrage movement.

Introduction to Library Databases -Tuesday, March 28, 9 a.m

Children

Dr. Seuss Book Party-Saturday, March 25, 3 p.m. Activities, crafts and snacks. Ages 4 and up.

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Do you: Feel guilty every time you eat? Think about food constantly? Believe your eating is out of control?

If this sounds like you, be assured that you are not alone, and that there is help and hope. **Lauren Kehr**, Licensed Clinical Social Worker, specializes in the recovery of women who struggle with food and weight problems.

Call 893-9643 for a telephone consultation with Lauren. Individual or group therapy is available. Isn't it time to start feeling better about yourself?

Please call.



A HAYMAN RED TUPELO from The Crescent Hill Community Council's native and unusual trees program graces the yard at 129 1/2 N. Crestmoor Ave. The council subsidizes placement of such trees in yards where they can be seen from the street or a traveled alley, with the idea of beautifying the whole neighborhood. The homeowner pays half the cost of the tree, and agrees to water it. The council pays the other half, and plants the tree. Call Betty Voit at 896-6580 or email her at naomi@win.net to find out more.

NINTH DISTRICT ACTIVITIES SPRING, 2006

WEEK OF MARCH 20TH, 2006

JUNK PICKUP WEEK

Be sure to have your items at the collection point by 6:00 AM on Monday, March 20th, and no earlier than Friday, March 17th.

SATURDAY, APRIL 1st, 2006, 8:30AM – NOON

(Rain Date: April 8th)

FRANKFORT AVENUE SPRING CLEAN-UP

IN PREPARATION FOR THE

FRANKFORT AVENUE EASTER PARADE

Meet in the North Keats parking lot, next to the Irish Rover, at 8:30AM for coffee and refreshments.

Coffee provided courtesy of Heine Bros. Coffee

Plastic bags, gloves and tools provided courtesy of Brightside

All volunteers welcome. Please come and work for as long as you can.

SATURDAY, APRIL 15, 2006

FRANKFORT AVENUE EASTER PARADE

Sponsored by the Frankfort Avenue Business Association.

Parade begins at 11:30AM

Meet by 11:00AM, at St. Mark's Episcopal Church, Frankfort Avenue and Kennedy Avenue.

Everyone Welcome! A fun event for the whole family!

FRIDAYS, MARCH 31ST & APRIL 28TH

FAT FRIDAY TROLLEY HOP - ON FRANKFORT AVENUE

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ELBOW GREASE AND ENTHUSIASM - The "Hort Crew" of Louisville Diversified Services volunteered to clean up overgrowth around trees along Frankfort Avenue last year, and did such a good job that the Crescent Hill Community Council hired them to do more. LDS is Kentucky's largest provider of vocational services for adults with special needs.

SWEET PEAS BRINGS COMFORT TO VACANT FURLONGS SPOT

Sweet Peas Southern, a new restaurant that offers "southern comfort food" - fried chicken, meatloaf, chicken pot pie - has opened at 2350 Frankfort Avenue, where Furlongs used to be.

Christopher Seckman, chef and partner with Walton and Whitney Jones in the business, said Sweet Peas is a new concept based on "meat and three" restaurants in the south. The "three" refers to side dishes such as collard greens, black-eyed peas and mac and cheese. The standard meal is one meat and three sides.

Chris, Walton and Whitney also are partners in the very successful North End Café just down the street. The Joneses own both buildings and Christopher is the operator of both restaurants. Chris said the partners were looking for a place to try the Sweet Peas concept when Furlongs closed last November.

The new restaurant employs about 30. "We're doing well," Chris said.

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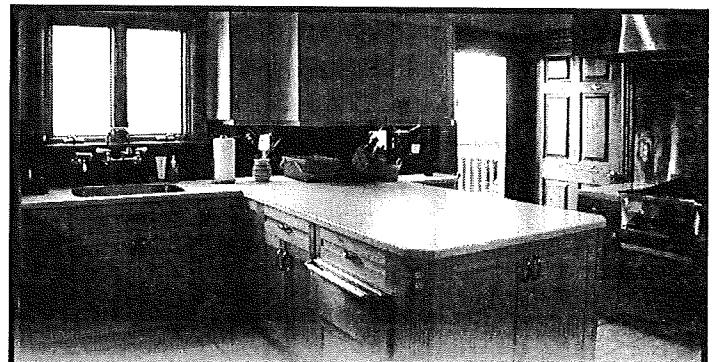
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EGG HUNT AT PD HOUSE

The Crescent Hill Community Council's Social Committee invites all children to the first Annual Easter Egg Hunt at the Peterson Dumesnil House, April 16. The egg hunt, with prizes, also affords an opportunity to be photographed with the Easter Bunny. It commences at 9:30 a.m. and will be over in time for the parade at 11:30.

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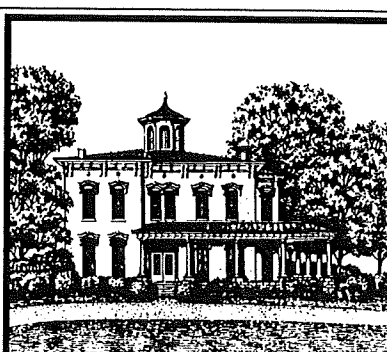
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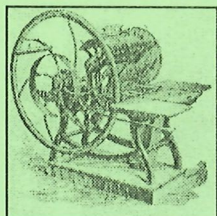
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*** & MORE ***

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Callahan Museum Education Program Schedule Spring

For more information about these programs or the regular hours at the Callahan Museum of the American Printing House for the Blind (APH), please call Mike Hudson, 502-895-2405. All programs are free.

Guided Walking Tour of Clifton, March 18, 11:00 a.m., Reservation deadline: March 15

Join local historian Joanne Weeter as we walk the streets of historic Clifton, exploring the historic transportation routes that defined its growth—the Louisville and Shelbyville Turnpike and the Louisville and Frankfort Railroad—and the historic architecture that make the area so special. Starting at the Printing House property (1883), we'll explore landmarks like the Three Mile Tollhouse (circa 1830), Widman's Saloon and Grocery (1858), the Stoll Firehouse, and the St. Francis of Rome Catholic School (1930). Saturday, March 18, 11:00. The program, which will start at American Printing House, with a presentation by Ms Weeter, will last 1 ½ to 2 hours.

To make reservations for this two-hour tour, contact Mike Hudson, weekdays, 895-2405.

Bards and Storytellers Series*

Michael Cleveland, April 8, 1:00 p.m. Reservation deadline: April 5

A graduate of the Kentucky School for the Blind, Michael Cleveland received the international Bluegrass Music Award (IBMA) for Fiddle Player of the Year in 2001, 2002, and 2004. His debut CD, *Keeper of the Flame*, won the IBMA award for Instrumental Album of the Year. Join Cleveland and folklorist Doug Boyd for a musical exploration of his life and career on Saturday, April 8 from 1-2:15 p.m. Free to the public.

To make reservations for this event, contact Mike Hudson, weekdays, 895-2405.

Bards and Storytellers Series*

Kathy Clause, May 20, 11:00 a.m. Reservation deadline: May 17

Formerly of Louisville, Kathy Clause makes her home in Albuquerque, New Mexico. Blind since the age of four, she has been a professional storyteller for twenty years. "There were no pictures in my books when I was a child," she says. "The pictures were all in my mind." Join Clause and folklorist Doug Boyd for a lively program of tales about families, ghosts, and humorous events where the underdog wins and the villain goes home frustrated on Saturday, May 20 at 11 a.m.

To make reservations for this event, contact Mike Hudson, weekdays, 895-2405.

* Bards and Storytellers - an ongoing series of presentations by artists who are blind. Throughout the ages blind people often became bards and storytellers, serving early societies as entertainers and conveyers of oral history. This series presents contemporary performers who follow this path.

Callahan Museum, American Printing House for the Blind, 1839 Frankfort Ave. Louisville, KY 40206 1-800-223-1839 www.aph.org/museum